

DAILY OFFERINGS Choice/Alternate Sandwich Garden Salad Peanut Butter & Jelly

Assorted Fresh Fruit Assorted Canned Fruit Fresh Carrots & Celery Assorted Fresh NYS Milk

Meal Pattern Compliance All lunches include 5 components; Meat/Meat Alternate, Fruit, Vegetable, Dairy, Grain. Students must take at least 3 of the 5 and are entitled to all 5 if they choose. Fruit/vegetable must be one of the choices selected <u>Choice/Alternate</u> <u>Sandwich Days</u>

Mon: Tuna/Cheese Tue: Bologna/Cheese Wed: Turkey/Cheese Thu: Ham/Cheese Fri: Egg Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
CHICKEN	CHICKEN	PIZZA	PIZZA	CIABATTA
NUGGETS	FAJITA WRAP	DAY!	DAY!	CHEESE MELT
Steamy Rice Broccoli Florets	Whole Kernel Corn Diced Peaches	Vegetarian Baked Beans Diced Pears	Vegetarian Baked Beans Fruit Mix	Crazy Carrot Coins Applesauce
9	10	11	12	13
CHEESEBURGER	HOMEMADE	NO SCHOOL	CHICKEN	CHICKEN
ON A BUN	BEEF GOULASH		TERIYAKI	STIR-FRY
Vegetarian Baked Beans Diced Peaches	Whole Kernel Corn Diced Pears	VETARANS	Steamy Rice Broccoli Florets	Crazy Carrot Coins Applesauce
16	17	18	19	20
GRILLED CHEESE	CHICKEN	TANGERINE	TURKEY DINNER	MACARONI
ON CIABATTA	PATTY SANDWICH	CHICKEN	DAY!	& CHEESE
Jolly Green Beans Diced Peaches	Vegetarian Baked Beans Diced Pears	Steamy Rice Broccoli Florets	Whole Kernel Corn Mashed Potates Gravy!	Crazy Carrot Coins Applesauce
23	24	25	26	27
MOZZARELLA	CHEESEBURGER	THANKSGIVING BREAK - NO SCHOOL		
STICKS Jolly Green Beans Diced Peaches	ON A BUN Vegetarian Baked Beans Diced Pears	Gue Thanks	Happy Thanksgiving	Cive Thanks
30	NEWS AND NOTES:			
MACARONI & CHEESE	GREAT NEWS! The USDA has extended the waiver allowing meals to be free for ALL STUDENTS! The waiver is now good for the entire school year!			
Crazy Carrot Coins Applesauce				
	*Snacks and other a la carte items will make their debut this month. These items are not free (nor are doubles) and require payment at the time of purchase or money on account.			

For nutritional information please visit www.hpschools.org or email ccasab@hpschools.org